

## There Is No Place Like Home

Our RNs on staff evaluate and communicate your preferences to our caregivers, matching you with those best suited to meet your needs.

## Who Are The Caregivers?

- ▶ Extensively screened both at the State and Federal Level, which includes drug, TB skin, and background screens
- ▶ Tested in the competencies required in the non-medical home care profession
- ▶ Employees of Simple Solutions, not independent contractors
- ▶ Bonded and Insured by Simple Solutions
- ▶ Certified by Institute for Professional Care Education in specialty care areas
- ▶ CPR certified



## Why Choose Us?

- ▶ A level of service that meets the healthcare industry's highest standards
- ▶ MD and RN, BSN on our board
- ▶ 24-hour service available, including holidays and weekends
- ▶ A cost-effective solution for patients in the hospital or at home who need companion services
- ▶ We match your loved one with a caregiver best suited for his or her needs
- ▶ Regular assessments by our RNs to ensure client satisfaction
- ▶ Flexible payment options, including credit card, private pay, long-term care insurance, and Veterans Care Coordination
- ▶ Free in-home consultation
- ▶ Better Business Bureau (BBB) accredited

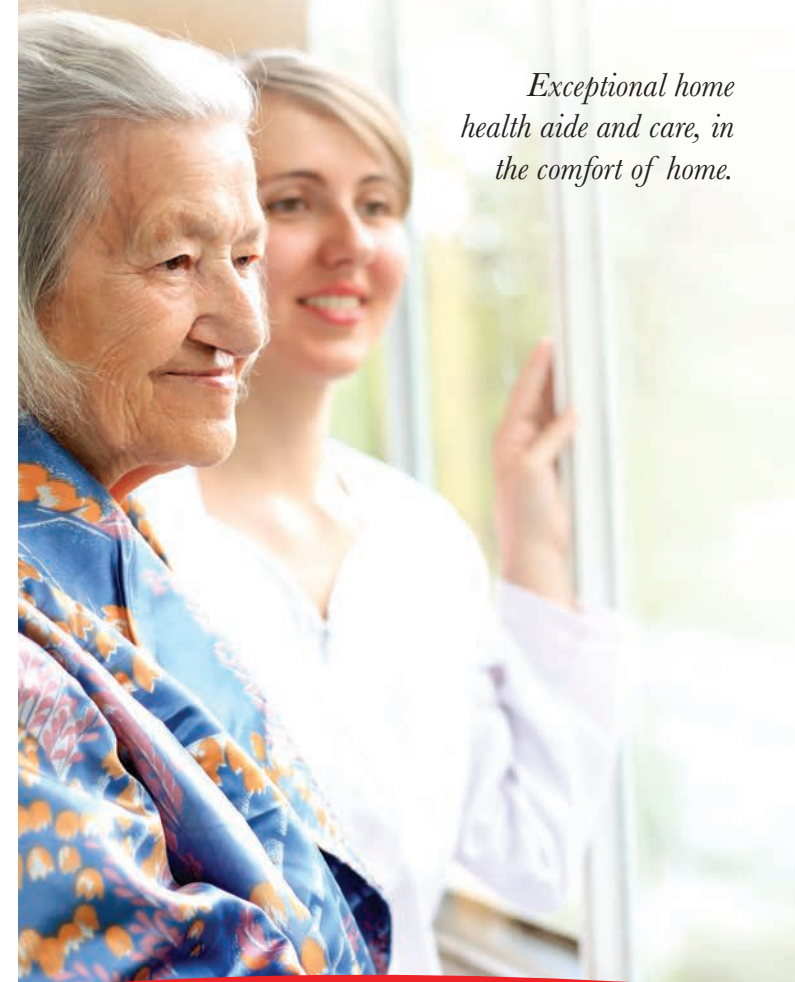


Explore your options today!

615-647-0700  
[www.ss4hc.com](http://www.ss4hc.com)

## Companions with you for every step.

*Exceptional home health aide and care, in the comfort of home.*



2201 Murphy Ave, Suite 303 • Nashville, TN 37203  
Email: [admin@ss4hc.com](mailto:admin@ss4hc.com)

**Counties Served:** Davidson, Maury, Rutherford, Sumner, Williamson, Wilson, Robertson, Montgomery



[www.ss4hc.com](http://www.ss4hc.com)

## About Us

Simple Solutions for Home Care provides non-medical home health aide and companion care services to seniors, elderly, and/or adults who are physically and mentally challenged. Through coordinated care and support for clients and their families, we enable individuals to remain in the safety and comfort of their own home environments for as long as possible. Simple Solutions for Home Care also serves clients transitioning back home from an assisted living setting or from a hospital, nursing home or rehabilitation facility.

## Our Services

Our caregivers are there when family members or loved ones cannot be present. This allows family and friends to have peace of mind knowing that their loved one is getting the attention they deserve, the companionship they desire and the care they need to remain safe in their home.

Our caregivers are there to meet the schedule needs of our clients. For short visits (4-hour minimum) up to 24-hours a day, seven days a week, our caregivers can provide the emotional support, housekeeping assistance, and companionship to help you or your loved one function as independently as possible in their own home environment.

Should the need arise, our professional and dependable caregivers are also available to provide care in a hospital or other facility. Our caregivers are trained and certified by Institute for Professional Care Education to provide care for patients with dementia, Alzheimer's, Parkinson's and other required special needs.

## Caregiving Services

Services can include but are not limited to:

- ▶ **Taking the client to appointments**
- ▶ **Running errands such as grocery shopping**
- ▶ **Activities such as taking walks, playing games and reading**
- ▶ **Meal preparation**
- ▶ **Washing dishes**
- ▶ **Laundry and ironing**
- ▶ **Light housekeeping**
- ▶ **Mopping and vacuuming**
- ▶ **Changing bed linens**
- ▶ **Taking care of pets**
- ▶ **Bathing, hair washing and shaving**
- ▶ **Dressing assistance**
- ▶ **Medication reminders**
- ▶ **Assistance with toileting**
- ▶ **Alzheimer's, dementia, Parkinson's, ALS (Lou Gehrig's), Multiple Sclerosis Care**
- ▶ **Support for vision and hearing impaired**
- ▶ **Veterans care**
- ▶ **Short-term post-operative assignments**
- ▶ **Mobility assistance**

## Payment Methods

Depending on the level of services needed, and as assessed by RN, costs range from \$16-\$23/hour (all inclusive price)

Currently the forms of payment we accept are:

- ▶ **Private, personal payment via check or credit card**
- ▶ **Long-term health insurance policies**
- ▶ **Veterans Care Coordination**

